



12th Annual Freedom 5k Walk/Run

Saturday April 29th, 2023

In Person Race Starts at 10:00am

Veterans Freedom Park, 200 W. Main St, Harrison Michigan 48625

In memory of SPC Robert Friese
And all who have given the
ultimate sacrifice

This will be an official timed 3.1 mile run held in honor of all who have fallen.
\$30.00 per Registrant until April 9th, 2023/ T-shirt included
After April 9th, 2023 the fee is \$35.00 per Registrant with no guaranteed T-shirt.

Packet pick up will be available on Friday April 28th, 4:30pm to 6:00pm and on Saturday April 29th, 8:30am-9:30am.

For mail in entry forms and payments send to
Veterans Freedom Park, P. O. Box 483, Harrison, MI 48625
Checks should be made out to Veterans Freedom Park.
(Please do not mail entries after April 10th, 2023)

Preferred method is online at <http://www.veteransfreedompark.com>

RUNNER _____ WALKER _____ **(one must be checked)**

AWARDS

There will be no award ceremony. Results will be posted and Medals will be available for pick up.

Walkers will not be officially timed.

Time results after the race will be posted at
www.veteransfreedompark.com

Questions-
[vet.free.park@gmail.com](mailto:veteransfreedompark@gmail.com)

All Proceeds will go to Veterans Freedom Park

Email _____

NAME _____

ADDRESS _____ CITY _____

STATE _____ ZIP _____ PHONE _____

DOB ____/____/____ AGE ON RACE DAY (4/30/2022) _____ Gender _____

(ADULT T-SHIRT SIZES) 1/T-Shirt is included in the registration fee
Please circle size S M L XL *2XL *3XL (***\$5.00 up charge for sizes 2XL and 3XL**)

(Youth T-SHIRT SIZES) 1/ T-Shirt is included in the registration fee
Please circle size S M L

ALL PARTICIPANTS must sign the waiver on the back of this form

Amount Enclosed \$ _____



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PURE MICHIGAN[®] FITness Series

Waiver: I assume all risks associated with participating in this event including, but not limited to: falls, contact with other participants or spectators or animals, the effects of the weather, traffic, conditions of the race course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of this entry being accepted, I, for myself and anyone entitled to act on my behalf, waive and release the sponsors, supporters, officials, the race directors and volunteers, Harrison Community Schools, and the Veterans Freedom Park from all claims or liabilities of any kind that may arise on the part of the persons named in this waiver. I agree that my photo may be taken and used without my consent and without compensation.

Signature: _____ Date: _____

Parent Signature if under 18: _____ Date _____

Veterans Freedom Park Mission Statement

The mission of the Veterans Freedom Park is to provide a peaceful, serene setting in which people will be able to learn, reflect, remember and honor all veterans. Our goal is to educate the public of past and present wars and conflicts in which the United States participated, and allow space for future conflicts. It memorializes veterans of Central Michigan who gave their lives in the line of duty.